

the GREATEST

Planet Muscle's Top Supplements - 2006 Review

5-TETRA by EPIC NUTRITION

Many supplement companies never really examine the functional physiological and biological roadblocks that hinder your ability to train with true intensity.

Epic has spent years studying all the pertinent biological processes and this has resulted in our truly amazing 5-Tetra! This is not so much braggadocio. Indeed, in less than 24 months, 5-Tetra is now already widely considered to be the world's first muscle training intensifier, a unique product specifically designed to allow you to take maximum advantage of every progressive overload training technique. Make no mistake about basic facts -- effectively overloading active muscle; in addition, to increasing cellular fluid - like

the many "pump" products do - is the only way you'll attain your maximum development. 5-Tetra provides you all the necessary substrates so you can generate maximum force, power and drive every single set. You can maintain the endurance/stamina you need, to achieve more reps with heavier weights, while your body simultaneously buffers and metabolizes the lactic acid produced by hard training. This means serious muscle density and the quality muscle tissue that supports rapid improvements in muscle belly size and structure. This is critical for you to achieve a physique like never before.

We don't mean just a short-term pumped muscle, but a thick and solid, long-term huge, strong muscle.

5-Tetra is available through [Europa Sports](http://EuropaSports.com), Bodybuilding.com, Averagejoessupplements.com and Bulknutrition.com. Contact Epic Nutrition at: www.5-tetra.com. 866-688-EPIC.



SUPER CISSUS RX by USPLabs

Cissus quadrangularis is an ancient medicinal plant native to the hotter parts of Ceylon and India.

Although the bulk of the research on Cissus centers around bone healing, the possibility exists that Cissus may act to improve bone healing, it may improve the healing rate of connective tissue in general, including tendons. If this is the case it would be of great benefit to bodybuilders and athletes.

Cissus also possess analgesic properties on a mg per mg basis comparable to aspirin or anti-inflammatory drugs like ibuprofen.



Radical New Joint Technology

If you're suffering from joint pain, ligament pain, cartilage pain, had surgery on bone, ligament or cartilage, Cissus is the supplement to use. Some users will get instant relief and other will need to use Cissus for much longer period of time for complete healing of an injury.

Cissus is a powerful natural anabolic, if not one of the most powerful natural anabolics on the market. It's an anabolic and anti-catabolic substance and allows for faster recovery from exercise, from injury, increase in muscle strength, and stamina. In short, you will be able to train longer

and recover faster without the negative effects of anabolic steroids.

Cissus is the best alternative when glucosamine and chondroitin does not work. Cissus is clinically proven to block cortisol. It is the only supplement to help regenerate tendons and ligaments. It significantly speeds fracture healing and its the strongest anabolic joint support on the market.

USPLabs won the best new brand by bodybuilding.com in 2006. It is time to use Cissus, the best kept secret in the industry. We feel privileged to work with Planet Muscle for our mission! www.usplabsdirect.com... ceo@usplabsdirect.com